



LEARNING CAPTURE SHEET

After using *Catalyst*, use this sheet to identify your key learning point(s), record how you will apply your learning, assess the impact of your actions, and decide next steps.

For personal reflection	For group reflection
My key learning point(s)	Our key learning point(s)
My actions	Our actions
How will I know I have made a difference?	How will we know we have made a difference?
My next steps	Our next steps